

North Worcester Primary Academy Week 1

8/4, 29/4, 20/5, 17/6, 8/7, 2/9, 23/9, 14/10

Monday

Tuesday

Wednesday

Thursday

Friday

**Macaroni
Cheese**

(Gluten, Milk)

**Beef Burger in a Bun
with Potato Wedges**

(Soya, Sulphites, Gluten, Sesame)

**Roast Chicken
Roast Potatoes
with Gravy**

**Pork Meatballs
In Tomato Sauce
with Pasta**

(Gluten, Soya, Celery)

**Fish Fingers
with Chips**

(Fish, Gluten)

**Five Bean Chilli
with Rice**

**Vegetarian Burger
in a Bun
with Potato Wedges**

(Gluten)

**Roast Quorn
Roast Potatoes
with Gravy**

(Egg, Milk)

**Vegetable
Moussaka**

(Milk)

**Cheese & Bean
Calzone
with Chips**

(Milk, Gluten)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

**Packed Lunch
With Cheese, Ham or Tuna**

**Packed Lunch
With Cheese, Ham or Tuna**

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With Cheese, Ham or Tuna**

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With Cheese, Ham or Tuna**

**Packed Lunch
With Cheese, Ham or Tuna**

**Carrots
Green Beans**

**Peas
Swede**

**Carrots
Cauliflower**

**Sweetcorn
Broccoli**

**Peas
Baked Beans**

**Strawberry
Ice cream**

(Milk)

Marble Cake

(Gluten, Egg)

Jelly

**Oat & Date
Cookie**

(Gluten)

**Chocolate & Banana
Muffin**

(Gluten, Egg)



Available Daily: Fresh Bread, Fresh Salad, Fresh Fruit and Yoghurt
Should parents require information regarding allergens in the dishes we prepare, please contact school on
nwoffice@riverscofe.co.uk

North Worcester Primary Academy Week 2

15/4, 6/5, 3/6, 24/6, 15/7, 9/9, 30/9, 21/10

Monday

Tuesday

Wednesday

Thursday

Friday

**Cheese & Tomato
Pizza**

(Gluten, Milk)

**Popcorn Chicken
With Diced Potatoes**

(Egg, Gluten, Milk, Soya, Celery)

**Roast Gammon
Roast Potatoes
With Gravy**

**Chicken Carbonara
With Crusty Bread**

(Gluten, Milk, Sesame)

**Breaded Fish
With Chips**

(Fish, Gluten)

**Sweet & Sour
Vegetables with Rice**

**BBQ Jackfruit Taco
With Diced Potatoes**

(Gluten)

**Cheese Quiche
Roast Potatoes**

(Egg, Gluten, Milk)

**Mediterranean
Vegetable Ravioli
With Crusty Bread**

(Egg, Gluten, Milk, Soya, Mustard,
Sesame)

**Vegetable Fingers
With Chips**

(Gluten)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

Jacket Potato

With Baked Beans, Cheese (Milk)
or Tuna Mayonnaise (Fish, Egg)

**Packed Lunch
With Cheese, Ham or Tuna**

**Packed Lunch
With Cheese, Ham or Tuna**

**Packed Lunch
With Cheese, Ham or Tuna**

**Packed Lunch
With Cheese, Ham or Tuna**

**Packed Lunch
With Cheese, Ham or Tuna**

**Carrots
Cauliflower**

**Sweetcorn
Coleslaw**

**Peas
Parsnips**

**Sweetcorn
Broccoli**

**Peas
Baked Beans**

Chocolate Cookie

(Gluten)

Jelly

Sticky Toffee Cake

(Egg, Gluten)

**Tropical Shortbread
Slice**

(Gluten, Sulphites)

Belgium Waffle

(Egg, Gluten, Milk, Soya)



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North Worcester Primary Academy Week 3

22/4, 13/5, 10/6, 1/7, 16/9, 7/10

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pasta Bake (Gluten, Milk)	Margherita Pizza (Gluten, Milk)	Roast Chicken Roast Potatoes With Gravy	Pork Sausages Mashed Potatoes (Gluten)	Fish Fingers With Chips (Fish, Gluten)
Crunchy Topped Cauliflower Cheese (Gluten, Milk)	Vegetable & Chickpea Curry With Rice	Roast Quorn Roast Potatoes With Gravy (Egg, Milk)	Vegan Sausage Mashed Potatoes (Soya)	Vegetable Enchilada With Chips (Gluten, Milk)
Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)
Packed Lunch With Cheese, <u>Ham</u> or Tuna	Packed Lunch With Cheese, <u>Ham</u> or Tuna	Packed Lunch With Cheese, <u>Ham</u> or Tuna	Packed Lunch With Cheese, <u>Ham</u> or Tuna	Packed Lunch With Cheese, <u>Ham</u> or Tuna
Carrots Broccoli	Peas Sweetcorn	Carrots Swede	Peas Cauliflower	Sweetcorn Baked Beans
Ice cream (Milk)	Lemon Cookie (Egg, Gluten)	Chocolate Flapjack (Gluten)	Orange Drizzle Cake (Egg, Gluten)	Rice Crispy Slice (Gluten, Sulphites)



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