

MENTAL HEALTH STRATEGY - North Worcester Primary Academy 2021

Whole school programme
Students Years
Nursery – Yr 1
Parents/Carers
Staff
(LSCB level 1)

Motional assessments
Termly assembly rota
PSHE lessons
PCSO visits
Children's Mental Health Week
Nurture Team available to all students
Staff & Student Voice activities - Surveys (e.g. Wellbeing and Social Media)
Staff working group – (MHWBAG)
Staff CPD
Parental workshops signposted
Weekly newsletters include a MHWB section
Access School Nurse
Education Mutual

Students involved-

EY
KS1
People involved-
Leadership team
PE/PSHE lead
Class teachers
Nurture team
SEND team
Trained Mental Health First Aiders: ... Staff
Mental Health champions ...
School Nurse
Whole Staff
Parents/Carers
Education mutual staff

Tier 1 Provision
(LSCB level 2)

Triage (Nurture / DDSL)/ 3+ drop ins to Pastoral Team can lead to:
1. Weekly nurture sessions with a member of the team
2. Referral to Safeguarding Team (DSL/DDSL) or escalation to Tier 2 based on Triage assessment.
Additional Tier 1 Provision:
Targeted Wellbeing Sessions
Breakfast club
Come dine with me – Lunchtime Nurture Group
Targeted sporting events
Staff access to Wellbeing Counselling Services

People Involved:-

Safeguarding team
Leadership team
PE/PSHE lead
SEND team
Nurture team
Breakfast club team
Lunchtime Nurture leads
All staff

Tier 2 Provision
(LSCB level 3)

Offer:-
Early Help Hub (incl. family support) via Children's Social Services L3
Individual session with the School Wellbeing Counsellors
Referral to WCF – EIFS WFH
Safeguarding and Mental Health Lead Rivers MAT
Regular scheduled appointments with the School Nurse
Referral to NHS Reach-4-Wellbeing referral for group CBT based work
KEMP bereavement support

People Involved:-

NHS Programme – Reach for Wellbeing Service
Wellbeing Counsellors
Clinical Psychologist employed by the school
KEMP Bereavement Counselling
School Nurse
MAT DSL/MHL

Tier 3 Provision
(LSCB level 4)

Clinical Psychologist Referral (via SENCo)
Community Social Work phone consultation (via DSL)
Children's Social Services Referral (via DSL)
CAMHS Referral - CAST Consultation, Advice, Support and Training (Via DSL-
MH or SENCO)

People Involved:-

Children's Social Services
CAMHS
Clinical Psychologist
Wellbeing Counsellors
KEMP Bereavement Counselling