Dishes			Y.			Lupin Flour			MUSTARD				S S S S S S S S S S S S S S S S S S S	Ser WE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausages		Wheat											х	x
Asda gluten free pork sausages														
Quorn sausages		Wheat Barley		x										
Hot dog rolls		wheat												
Asda gluten free bread														
Chocolate mousse							x							
Asda free from chocolate brownie				х										
Grated cheese							х							
Vegan cheese														



Dishes						Flour			(MUSTARD)				6	Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
yoghurts							х							
Alpro yoghurts														
50/50 bread		Wheat											x	
cheese slices							х							
Free from cheese slices														
Strawberry swiss roll		Wheat		Х			Х						x	
crumpets														
Free from crumpets														
Ice cream							х							



Dishes			Y			Flour			(MUSTARD)				6	Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Free from ice cream														
Jam														
Pizza pucks		wheat												
Pizza sauce														
Free from pizza							х							
Vegan pizza		wheat												
Chicken slices							x							
Vegan jelly														
Gluten free sausage rolls				х										х

Review date:



Dishes			X			Flour			(MUSTARD)					Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Wraps		wheat												
Asda gluten free wraps									x					
Cheese slices							х							
Free from cheese slices														
yoghurts							Х							
Alpro yoghurts														
Fish fingers		wheat			Х									
Gluten free fish fingers					x									
50/50 bread		wheat											x	

Review date:



Dishes			Y			Lupin Flour			(MUSTARD)				6	Geer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Gluten free bread				х										
Muffins														
Raspberry mini rolls														
Sliced cheese							х							
Free from cheese														
Cream crackers		wheat												
Ice cream							х							
Free from ice cream														
Pasta		wheat												



Dishes						Lupin Flour			(MUSTARD)				6	Ber
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Free from pasta														
Jelly														
Vegan cheese														
Vegan nuggets		wheat											x	



Dishes						Flour			MUSTARD					Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken goujons		wheat												
Asda free from chicken nuggets														
Quorn chicken nuggets				х										
Wraps		wheat												
Asda free from wraps									x					
Asda shortbread fingers							х							
baguettes		wheat												
Gingerbread men		Wheat		Х			х			х			x	
Grated cheese														



Dishes						Lupin Flour			(MUSTARD)					Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Free from cheese														
Sausage rolls		wheat												
Vegan sausage rolls		Wheat											x	
Gluten free sausage rolls														
Pasta		wheat												
Free from pasta														
Meat balls		wheat												
Gluten free meatballs														
Vegan meatballs		barley												



Dishes						Flour			(MUSTARD)				Sec.	Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Angel delight							Х							
Milk							х							
Yoghurts							х							
Free from yoghurts														
Potato waffles														
Asda gluten free potato waffles														
Baked beans														
Latte cake		Wheat Whey		Х			X Lactose whey						х	



Dishes and their allergen content Breakfast

Dishes						Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
50/50 bread		wheat												
Asda/warburtons free from 50/50 bread				х										
Bagels		Wheat												
Rice krispies		Barley												
Hoops		Wheat Oats barley												
Wheat a bix		Barley												
Flora														
Fromage frais							х							
Milk							х							



Dishes and their allergen content Snacks

Dishes						Lupin Flour			MUSTARD					Geer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mini cheddars		Wheat Barley					х							
Caramel wafers		Wheat					Х						х	
Chocolate chip cookies		Wheat					Х						x	
Jam teacakes Snowballs		Wheat					Х						х	
Pom bear														

